

Sunday Morning Coming Down (ESP 1082) Elmer Sheffield, Jr.

OPENER Basic

4 ladies promenade go inside the ring
Well come on back and **swing** around and then
Join all your hands and **circle** go walkin' around and then
Do an **allemande left** and **weave the ring**
Oh there's something in a Sunday
Swing a girl, **promenade**
And the sleeping Sunday sidewalks
And Sunday morning coming down

FIGURE Plus, R-H lady progression

Heads promenade gonna **go halfway**
Lead right, everybody **veer left**, **ladies hinge**
Diamond circulate, **flip the diamond**, **girls trade**
Swing thru, then **turn thru**
Allemande left the corner, **walk by one**
Take the next and **promenade**
And it took me back to something
I'd lost somewhere along the way

MIDDLE BREAK - CLOSER Basic

Circle left
On a Sunday morning sidewalk
Wishing Lord I was at home
Men star right and roll it round now
Left allemande and **weave the ring**
Oh there's something in a Sunday
Swing a girl, **promenade**
And the sleeping Sunday sidewalks
And Sunday morning coming down

TAG

Allemande left and **swing** at home
And the sleeping Sunday sidewalks
And Sunday morning coming down