

Lord I Hope This Day Is Good (ESP 105) Elmer Sheffield, Jr.

OPENER - MIDDLE BREAK - CLOSER Mainstream

Sides face, grand square

*Lord I hope this day is good
 I'm feeling empty and misunderstood
 I should be thankful Lord, I know I should
 But Lord I hope this day is good

4 ladies chain and then you turn that girl

You **chain 'em back** and **promenade 'em home**

I should be thankful Lord, I know I should
 But Lord I hope this day is good

FIGURE Plus, corner progression

Head 2 couples promenade halfway you know

Walk in and square thru 4 hands and go

4 hands around and **swing thru** then

Boys run right, 1/2 tag, trade and roll

You **pass thru, trade by** and the **corner swing**

Left allemande and **promenade** the ring

I should be thankful Lord, I know I should
 But Lord I hope this day is good

ALTERNATE LYRICS

*Lord have you forgotten me?
 I've been praying to you faithfully
 I'm not saying I'm a righteous man
 But Lord I hope you understand

TAG

Lord I hope this day is good

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